

Hike • Save Trails • Make Friends
Carolina Mountain Club eNews



April 2024



John Rock Area Workday

Join the Carolina Mountain Club as we restore trails around John Rock as part of **Pisgah Project Day!**



SATURDAY
April
20
9 AM - 3 PM



Be sure to specify Carolina Mountain Club under the question "Do you want to work with a specific volunteer group or business?" on the Pisgah Project Day registration form.

<https://www.pisgahconservancy.org/events-1/pisgah-project-day-2024.html>

Mountains-to-Sea Trail Gathering of Friends May 3 - 5, 2024

by Marcia Bromberg

Those of us in Western NC are fortunate to have easy access to one of the prettiest parts of the Mountains-to-Sea Trail. And we're also fortunate that the 2024 Gathering of Friends, the FMST annual meeting, is being held just down the road in Black Mountain at the YWCA Blue Ridge Assembly May 3-5. We expect over 200 Friends to attend this annual event—MST through hikers, section hikers, day hikers, and trail builders and maintainers. There will be hikes (led by your fellow CMC'ers), fun events, and an update on progress moving the trail off-road in other parts of the state. And while we have an amazing part of the trail in our backyard, the Gathering is an opportunity to learn about other beautiful and interesting sections across the state, including an historic perspective of the lands the trail crosses and the people who first lived on those lands.

Just go to <https://mountaintoseatrail.org/gathering-of-friends/> to learn more about the Gathering and register for the meeting. You won't be sorry!

NATIONAL TRAILS DAY

CAROLINA MOUNTAIN CLUB
100 YEARS
1923 - 2023

Join us as we improve a section of the A.T. Afterparty at Big Pillow, prizes, and more!

JUNE 1ST
9 AM - 3 PM

BIG PILLOW BREWING

HOT SPRINGS
APPALACHIAN TRAIL

Thank you Sponsors!

FJALL RAVEN | **GREEN MACHINE** | **Sawyer**

Hike for Healing

by Jan Onan

Hike for Healing is an annual event that encourages self-reflection and open, honest, and meaningful conversation to ignite healing of racial and cultural divides... healing begins with a conversation.

Carolina Mountain Club is partnering with Hike for Healing for 2024. As part of this event, CMC will lead several guided hikes along Segment 3 of the



Mountains-to-Sea Trail that aim to help facilitate meaningful conversation. Hike for Healing is scheduled for June 21. More details to come soon!

CMC Waynesville Wednesday Crew Makes Smoky Mountain News Front Page February 28 2024

by Donna Bange

It is not every day that CMC Trail Maintainers make the news. Chris Werbylo (CMC Waynesville Wednesday Crew Leader) and Priscilla Estes were featured in the Smoky Mountain News for their efforts on leading the new North Canton Elementary School trails on land adjacent to the school. CMC's efforts were featured in last month's CMC eNews on building these new trails for the Haywood County school. This month we are proud to include the link to the Smoky Mountain news article if you have not seen it.

To read the article, [click here.](#)



CMC Hike Leaders Appreciation and Education Dinner

by Danny Bernstein

About 75 leaders and council members were invited to the 2024 annual Hike Leaders Dinner at the Hilton Asheville Biltmore Park. This includes all CMC members who led a hike in 2023 and in the first quarter of 2024.

To read more, [click here](#).

The Asheville Thursday Trail Maintenance Crew

by Kit Ogburn

When I was asked to write an article about the Asheville Thursday Crew, I thought, “How can I write about *each hard-working, good-hearted person on the crew?*” because *it is the people on the crew that make it what it is*. This article, though, is limited to an introduction—who we are as a crew and what we do. It is a pleasure to write about the crew that I joined five years ago.

To read more, [click here](#).



Get to Know Steve Law Councilor for Conservation

Growing up on a small lake in southern New York, I was introduced to the joy of nature and the beauty of wildlife at an early age. In fact, those outdoor



experiences were the spark that led me to a long and rewarding career in conservation. After earning a B.S. in wildlife management at the University of Maine, my 40+-year career included consulting forestry, environmental education, and land acquisition, management and conservation. Over the past three decades, I created and managed a division of natural resource for Mecklenburg County Park & Recreation and directed two land conservancies — in Connecticut and most recently in Tennessee. In 2022, my wife, Dot, and I retired and headed to the mountains of western NC that we had enjoyed and explored for many years.

I engaged with CMC a year ago to volunteer my time to further conservation initiatives. I joined the Wednesday trail crew over the summer and then last fall became the new Councilor for Conservation. My 2024 priorities as Councilor are to re-establish an active Conservation Committee and to secure opportunities for committee and club members to assist our natural resource agencies and partner conservation organizations with hands-on habitat restoration projects and biological surveys. Look for more information about this in the months ahead.

Carolina Mountain Club eNews is published on the first Friday of each month. Send your news to eNews@carolinamountainclub.org. **Articles are due on the last Friday of the previous month.** Please limit articles to no more than 1,000 words. You may send up to two photos as jpg attachments.

To join Carolina Mountain Club go to: www.carolinamountainclub.org. Click on "Join CMC" on the right side. Follow the instructions. For all address and email changes, log in, select "Modify Profile", make changes and click on "Update Member" or email Dennis Bass at dbass3607@gmail.com. Your email changes will be automatically reflected in eNews delivery.

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