

Hike • Save Trails • Make Friends

Carolina Mountain Club eNews



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January 2024

Introduction to Carolina Mountain Club 2024 Leadership Council!

By: Les Love, President

Happy New Year!

I will have the honor of serving as your President in 2024 and look forward to leading our 2024 Leadership Council, building on the great work that our Leadership Council accomplished in 2023.

We would like you to get to know each member of the 2024 Leadership Council and look forward to having them introduce themselves, their goals for 2024 and opportunities for members to support their work in 2024. This will be accomplished by introducing a few Council members each month through the monthly eNews.

The Officers will administer the affairs of the Club under the direction of a governing board known as the Council, consisting of the four Officers of the Club, the Councilors for Communications, Conservation, Education and Community Outreach, Hiking, Membership, Technology, and Trail Maintenance, and two Councilors-at-Large. The President will serve as Chair of the Council. The Immediate Past President may serve as a voting member of Council.

The following Councilors are dedicated to leading CMC as we start our next century. They are focused on CMC's vision of "Hike, Save Trails, Make Friends!" These Councilors are passionate and plan to work hard in their respective areas, as we continue living CMC's legacy of a 100% volunteer organization.

Please join me in welcoming our 2024 CMC Leadership Council.



Officers

President Les Love, president@carolinamountainclub.org
Vice-president Karen Schultz, vp@carolinamountainclub.org
Secretary Karen Lachow, Secretary@carolinamountainclub.org
Treasurer George Bauernfeind, treasurer@carolinamountainclub.org

Other Council Members

Immediate Past President--Tom Weaver, pastpresident@carolinamountainclub.org
Councilor for Conservation--Steve Law, Conservation@carolinamountainclub.org
Councilor for Education/Outreach--Jeff Wilcox, Education@carolinamountainclub.org
Councilor for Hiking--Daisy Karasek, Hiking@carolinamountainclub.org
Councilor for Membership--Jan Onan, Membership@carolinamountainclub.org
Councilor for Communications--David Huff, Communications@carolinamountainclub.org
Councilor for Technology--Jim / Judy Magura, Technology@carolinamountainclub.org
Councilor for Trails Maintenance, Joe Bange, TrailsMaintenance@carolinamountainclub.org
Councilor-at-Large--Adrienne Chang, CounciloratLarge_2@carolinamountainclub.org
Councilor-at-Large--Bill Sanderson, CounciloratLarge@carolinamountainclub.org

We look forward to serving you in 2024!

Les

To meet Les Love and Karen Schultz, [click here](#).

Leisure Hikes!

by Jeff Wilcox

Our next Leisure Hike is scheduled for Saturday, January 20th at 10:00am. After meeting at the back parking lot of the Folk Art Center, hikers will carpool 7 miles to the Bull Gap Trailhead for a 3-mile, 600-ft ascent (C-C) hike on the Mountains-to-Sea Trail to see remains of a swimming pool, stables, and other features at Rattlesnake Lodge. We'll stop for lunch at the lodge site before returning to the cars. Bring hiking poles if you have them. Please email the leader at lfsands@gmail.com to reserve your spot.

Leisure hikes are a new CMC initiative designed for beginners, youth, or anyone else looking for a shorter, more leisurely club hike. If you are interested in leading a future Leisure Hike, please email Education and Outreach Councilor Jeff Wilcox at jwilcox@unca.edu.

Meet the Art Loeb Trail Crew!

By Priscilla Estes

Hot off the heels of the year-long Art Loeb Step Project, ten crew members showed up on a sunny, cold Monday in December to rebuild even *more* steps and water diversions at the intersection of Art Loeb Trail (ALT) and 229. They brought the usual chain saws (gas and electric), Hazel hoes, shovels, pick mattocks, and a collapsible rake.



To read more, [click here](#).

CMC Centennial Shirts & Hats

Hopefully Santa brought you everything you wanted. But just in case, you can still purchase blue CMC Centennial shirts and hats. The proceeds from these items support our Centennial year-long celebration.



The items are \$20/piece. The shirts are available in both men and women's sizes. Please contact Les Love (lesrlove55@gmail.com) or Donna Bange (donna.bange@gmail.com) if you are interested.

CMC ANNUAL MEETING 2023

by Les Love

On Saturday, October 28, 2023, the Carolina Mountain Club held its annual meeting at the Hilton Biltmore Park, with 121 members and guests attending to eat, meet, greet, and reflect. There was an impressive list of guests introduced by Les Love, CMC's VP:

Blue Ridge Parkway Foundation CEO Carolyn Ward and her husband, Alan
Friends of the MST Associate Director, Betsy Brown from Raleigh
Smoky Mountains Hiking Club President, Ken Wise from Knoxville
Blue Ridge Parkway External Affairs Specialist, Leesa Brandon
ATC Regional Manager for NC and the Smokies, Anne Sentz,
and her husband, Ben
Our guest speaker for the evening, Nancy East, and her husband Larry

To liven things up, Jan Onan and David Huff led a fun trivia contest to decide which table was allowed to go through the buffet line for the delicious meal the Hilton folks always specially prepare for us. While enjoying our meal, Donna Bange and David Huff assembled an exciting set of slides showcasing our club's historic one-hundredth birthday year.

To read more, [click here](#).

The Camino in Asheville and in Spain

by Danny Bernstein

Most CMC members have heard of the Camino de Santiago. Known in English as the Way of St. James, it is a network of pilgrim paths, or pilgrimages, which has existed for more than a thousand years, leading to the shrine of the apostle St. James, in the Cathedral of Santiago de Compostela in northwestern Spain.



The Camino Frances is the most popular route, starting in St. Jean Pied de Port in France and ending in Santiago, Spain. The full route is 500 miles, taking about 30 days. But many walkers/pilgrims walk smaller sections of the route.

Potential pilgrims have many questions about the Camino. Even though there are so many books and websites on the subject, talking to someone face to face who has done the walk is the best way. The national organization is the American Pilgrims on the Camino, <https://americanpilgrims.org> with its many activities and chapters. One of the most active chapters is here in Asheville.

To read more, [click here](#).

Carolina Mountain Club eNews is published on the first Friday of each month. Send your news to eNews@carolinamountainclub.org. **Articles are due on the last Friday of the previous month.** Please limit articles to no more than 1,000 words. You may send up to two photos as jpg attachments.

To join Carolina Mountain Club go to: www.carolinamountainclub.org. Click on "Join CMC" on the right side. Follow the instructions. For all address and email changes, log in, select "Modify Profile", make changes and click on "Update Member" or email Dennis Bass at dbass3607@gmail.com. Your email changes will be automatically reflected in eNews delivery.

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