

Hike • Save Trails • Make Friends

Carolina Mountain Club eNews



June 2024



Meet the Waynesville Wednesday Trail Maintenance Crew!

By Priscilla Estes

You never know who you'll meet at trail work. Recently, a retired llama wrangler, Tennessee firefighter, and oboe player joined the Waynesville crew for tread work on the Mountains-to-Sea Trail (MST).

The Waynesville crew comprises many other stellar and stalwart individuals in the three years I've been a member. Let's meet them!

To read more, [click here.](#)



Celebrate Inclusivity and Healing on the Trails

Don't miss this event. Carolina Mountain Club (CMC) and Boots On The Trail (Lee Fortune) are teaming up for a **two-day Hike for Healing** on **June 20th & 21st**.

Join Lee on his inspiring journey

- Lee will embark on a challenging **62-mile trek from Mt. Pisgah to Mt. Mitchell**.
- Witness his dedication firsthand at an informal **send-off event on Thursday, June 20th at Pisgah Inn, 6:00p meetup for picnic. 8:00p departure**. Contact Jan Onan at janonan59@gmail.com for more information about the Pisgah Inn send-off.
- Follow his progress and learn more about his mission at <https://www.bootsonthetrail.com/>.

Participate in CMC-led hikes on Friday, June 21st

Choose from **three beautiful hikes** starting at the Folk Art Center (9 am):

- Moderate 4.9-mile round trip to Lunch Rock (stunning views, 813 ft elevation gain)
- Moderate 5-mile car-shuttle hike to the Blue Ridge Parkway HQ (hike #296)
- Easy 1.3-mile loop on the Folk Art Center Nature Trail
- **Limited to 10 hikers per group! Register at** <https://www.bootsonthetrail.com/>.

Walk alongside Lee (optional)

- Want to join Lee for specific sections of his hike? Contact him directly at lee@bootsonthetrail.com.

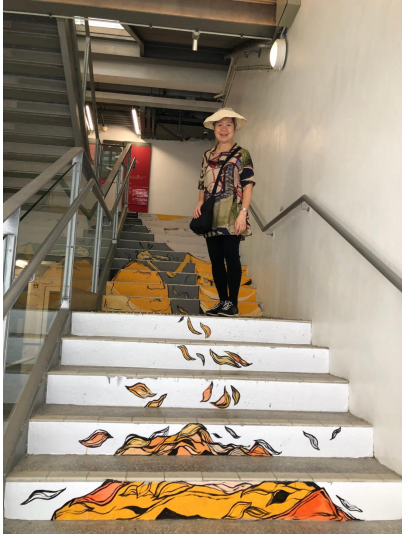
Be part of the conversation

- CMC champions diversity and inclusion on the trails.
- Learn more about the CMC Diversity and Inclusion Committee and Friends of the MST at the event.

Get involved

- Volunteer opportunities available. Contact Jan Onan at janonan59@gmail.com.

Hike for Healing is more than a hike; it's a movement for understanding and community building.



Saying So Long and Thank You to Daisy Karasek

by Danny Bernstein

It is with sadness and emotion that we have learned that Daisy Karasek, CMC hiker, hike leader and hike scheduler, is leaving Western North Carolina. She is making a major life change.

Daisy has been a vital part of CMC for over eleven years. Daisy joined CMC almost as soon as she moved to Asheville from California in 2013. Daisy had retired from a career in systems analysis, mostly in the healthcare field.

To read more, [click here](#).

Wilderness Remote Overnight Crew

Register



Learn Trail Maintenance Skills

Maintain Trails in a
Sustainable Way for
Future Generations

Do you love the Shining Rock Wilderness?

Do you want to help maintain the trails in Shining Rock?

Sign up and participate in the
Shining Rock Area Remote Overnight Crew (ROC)

July 20 - 21, 2024

Join the Carolina Mountain Club (CMC), Back Country Horsemen, and Southern Appalachian Wilderness Stewards in this special event to maintain and protect popular trails including Art Loeb, Ivester Gap, Greasy Cove, Shining Creek, Old Butt, Little East Fork, and Fork Mountain.

No prior experience is necessary. CMC and other trail crew members will lead small groups for specific projects providing training and tools. If you have always wanted to do trail work to give back, this is your opportunity. A great learning experience awaits! Learn new skills and make new friends. We are supported in this event by The Pisgah Conservancy and the Pisgah National Forest.

You do not have to be a CMC member to participate. We will have release forms you can fill out before we start work.

The group will camp overnight at Ivester Gap adjacent to the Shining Rock Wilderness. We will backpack 2 miles from the Black Balsam parking area on the morning of 20 July and work in small groups that afternoon and the morning of 21 July. Projects will include brushing and drainage after hiking to work areas in the Wilderness.

REGISTRATION IS REQUIRED. limited to the first 25 who sign up. More details will be provided once you are registered.

Overnight adjacent to Shining Rock Wilderness at Ivester Gap, trail work in the Wilderness 7/20 pm and 7/21 am.

Meet at 9 am on Saturday 7/20 at Black Balsam parking area off FS 816. Or meet at the French Broad Overlook on the Blue Ridge Parkway MM 393.8 (Hwy 191 junction) at 8 am to carpool to Black Balsam.

We will hike in 2 miles to Ivester Gap. Trail tools and water will be staged at the camping area.

We will return by 3 pm Sunday to the Black Balsam parking lot.

Please contact Paul Dickens at: psdicken@gmail.com (subject July ROC) with questions and to sign up. CMC members can register on the CMC member webpage under Remote Overnight Crews 2024.



To download flyer, [click here.](#)

Carolina Mountain Club eNews is published on the first Friday of each month. Members can send your news to eNews@carolinamountainclub.org. **Articles are due on the last Friday of the previous month.** Please limit articles to no more than 1,000 words. You may send up

to two photos as jpg attachments. For members' address and email changes, log in, select "Modify Profile", make changes and click on "Update Member" or email Dennis Bass at dbass3607@gmail.com. Your email changes will be automatically reflected in eNews delivery.

About Carolina Mountain Club:

Hiking. CMC leads about 200 group hikes per year. Hikes are open to all, and we welcome guests (though please contact hike leader first). Hike information--including dates, times, meeting locations, scout reports, and leader contact information--can be found on the CMC website [here](#). Additional information about hiking can be found [here](#).

Trail maintenance. CMC maintains over 440 miles of trail in western NC. Individuals of all ages and groups/organizations are invited to participate. CMC membership is not required, and all required tools are provided. We have weekly crews every day of the week from Monday-Saturday, quarterly Saturday crews, and other special events. For those with busy or unpredictable schedules, we also have section maintainers who maintain a short portion of trail and/or report issues that require a larger work crew. To volunteer, please email volunteer@carolinamountainclub.org or visit [here](#) for more information.

Conservation. The CMC Conservation Committee advocates for the sustained natural beauty and access to our hiking areas. More information can be found [here](#) or by emailing Conservation@carolinamountainclub.org.

How to join the CMC

For just \$20 (\$30 Family) per year, you can join western North Carolina's oldest and largest hiking trail club. CMC members receive the *Let's Go!* quarterly hike schedule via email and have full access to member services on the CMC website. There is a link to join on the [CMC website](#).

Carolina Mountain Club | P.O. Box 68
Asheville, NC 28802
www.carolinamountainclub.org

[Let's Go!](#)



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Carolina Mountain Club | P.O. Box 68 | Asheville, NC 28802 US

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